## THE DRUGS

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## What are drugs?

The drugs are chemicals that change the way our bodies work.



## Why do people use drugs?

- To feel good. Drugs can produce intense feelings of pleasure.
- **To feel better.** Some people with social anxiety, stress, or depression start using drugs to try and feel less anxious.
- To perform better. Some people feel pressure and to improve their concentration at school or work they decide to try drugs or continue using them.
- Out of curiosity and social pressure. In this sense, adolescents in particular are at greater risk, because peer pressure can be very strong.

## Consequences of drug use

Some of the consequences that abuse of these substances can bring are:

- Neurochemical imbalances in the brain.
- Mood disturbance.
- Family, relationship and social problems.
- Addiction.
- Cardiovascular problems.
- Weakening of the immune system.
- Respiratory problems.
- Antisocial behaviors.
- psychological disorders.
- Overdose.
- Death.



