

## EXERCISES

### 1. Match pictures to the sports and hobbies



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_



11. \_\_\_\_\_

- skydiving \_\_\_\_\_
- fishing \_\_\_\_\_
- chatting online \_\_\_\_\_
- playing basketball \_\_\_\_\_
- white water rafting \_\_\_\_\_
- horse riding \_\_\_\_\_
- playing board games \_\_\_\_\_
- playing ice hockey \_\_\_\_\_
- skateboarding \_\_\_\_\_
- playing music \_\_\_\_\_
- bowling \_\_\_\_\_

**Choose three sports or hobbies. Copy and complete the table with information for each.**

**Then write sentences like the ones below.**

- Playing board games is a hobby.
- You can play them indoors or outdoors.
- You can play them with one or more players.

SPORT	HOBBY	INDOORS	OUTDOORS	TEAM	INDIVIDUAL
	PLAYING BOARDGAMES	X	X	X	X
SKATEBOARDING			X		X

**2. Look at the pictures and answer the questions.**



- a. Do you think Parkour is a sport or a hobby?
- b. Do you think that it is a team or individual sport / hobby?
- c. What do you need if you want to do Parkour?

**Parkour: You feel as if you are flying!**

**1.** Parkour is definitely my favourite outdoor sport. I love using my body to move freely and to jump obstacles in public places with only my body and my skill. I also climb and run. Parkour can be a hobby, an extreme sport, or an art. In Parkour, you use your body to get from one point to another without stopping

**2.** Parkour is excellent exercise because it helps you to keep fit and healthy. It makes you brave and confident, too. Another good thing about Parkour is that it's very cheap. You need to be in good physical condition, and you need a good pair of running shoes. And that's all!

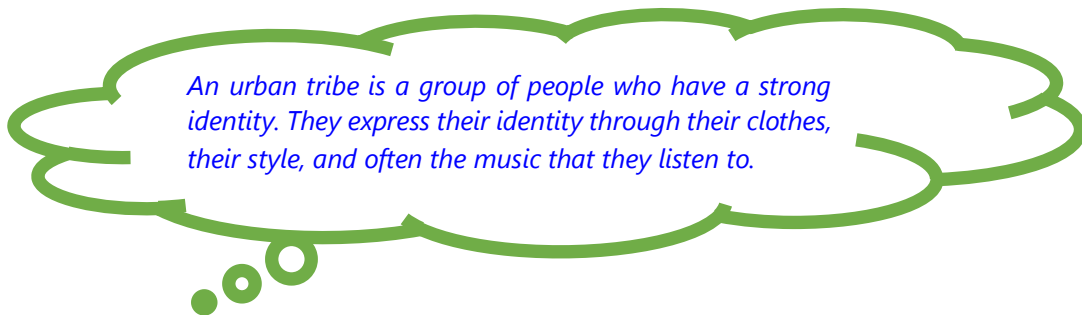
**3.** However, Parkour can be dangerous. If you're new to Parkour, you need to know and understand the different basic moves. You also need to train a lot so you don't have accidents.

**4.** It can take a long time to become good at Parkour and you can sometimes hurt yourself, but I think it is a perfect way to exercise and discover your body's potential. Try it! You feel as if you are flying.

**Read the sentences and write true (T) or false (F).**

- a. Parkour is only a sport.
- b. It's expensive to do Parkour.
- c. Parkour isn't always safe.
- d. You can become good at Parkour very quickly.

**3. Read the definition of urban tribes and check that you understand it. Then match the urban tribes in the box to the pictures.**



skinheads – punks – emos – metalheads - rappers



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_

**Read about Jim and David. Why do they like being part of their urban tribe?**

**Skaters: a free style**

Hi, my name is Jim. I am a skater. Skaters have a simple style. We prefer wearing light shorts, skinny denim jeans, T-shirts, dark trainers or skate shoes.



We love skating in parks and on the streets, but skate parks are the best places for us. They have ramps and obstacles, and it's safer than skating on the streets. The most exciting part is when we jump in the air and do tricks.

Skaters are an urban tribe, but we are more interested in having fun together. Looking good or competing with other groups isn't important to us. We love skateboarding and that's why we do it.

**Floggers: a colourful style**

Hello! I'm David. I'm a flogger. The name 'flogger' comes from 'Fotolog' – a website where we share our photos and comments. Everyone there has a love of fashion.



Floggers wear fun, colourful clothes. For example, we often wear brightly coloured jeans or trousers, fluorescent T-shirts and colourful trainers.

We love music. We like dancing to electro house and listening to techno music.

I love being a flogger. We have lots of fans who follow our styles. It's very popular with teenagers because everyone enjoys taking photos of themselves! It's a great urban tribe.

Copy and complete the table with information about skaters and floggers.

	CLOTHES	ACTIVITIES
SKATERS		
FLOGGERS		

**Correct the mistakes in the following sentences.**

- Skaters wear skinny shorts, jeans and trainers.
- Jim thinks that the street is the best place to skate.
- Looking good is important to skaters.
- Floggers wear dark clothes.
- Floggers love taking photos of other people.

**Read the extra and explain what is the information about?**

1 A: Hmm, I'm not sure.  
I think it's China.  
B: No, Russia is bigger than China.  
A: What about Canada?  
B: Canada is big, but I'm sure Russia is bigger. I think Russia is the answer.

2. A: What do you think about this one, Emma?  
B: Is it the Amazon?  
A: I think it's the Nile.  
B: Are you sure? The Amazon is really long.  
A: I know, but the Nile is longer.

3. B: I know the answer – English!  
A: I don't think so. French is more difficult than English.  
B: Yes, maybe. What about Chinese?  
A: Oh yes. That's really difficult.  
B: But it's not difficult for Chinese people...  
A: That's true. So maybe the answer is... there isn't an answer! It depends what your first language is.

**4. Read about Forest Hill Summer Camp. Choose an activity that you'd like to do in the morning, afternoon and evening.**

**FOREST HILL SUMMER CAMP**

**What are you going to do this summer? Why not come on our summer camp in Forest Hill and have an awesome time! You can stay for one day, two days, a whole week ... or all summer, if you want!**

**In the morning:** The mornings are great for creative people. We're going to have art and drawing classes, drama classes and we're going to play music together too. If you play an instrument – bring it to camp! We rehearse every day, and have a concert every weekend.

**In the afternoon:** We're going to get active! We're going to go hiking and horse riding in the forest, swimming in the lake, and canoeing and white water rafting in the river.

**In the evening:** The evenings are for relaxing. We're going to have a party EVERY night with music, a barbecue, and stories round the campfire. Or if you prefer, you can watch a movie in the movie tent.

**At the weekend:** At the weekend, there are excursions to interesting places – mountains, beaches and even a volcano! But we aren't going to tell you what to do – it's your choice.

**Start:** Monday 2nd June

**End:** Sunday 31st August

**Ask and answer about the activities that you want to do at the Summer Camp**

**Example:**

A: *What do you want to do in the morning?*

B: *I want to go to the drawing class. What about you?*

**Read the box and complete the sentences with *at*, *in*, or *on*.**

**Useful language**

Prepositions of time *in / on / at*

- We use *in* for months, years and parts of the day.  
*Example: in February, in 1981, in the morning*
- We use *on* for dates and days.  
*Example: on March 28th, on Monday*
- We use *at* for times, festivals, *at night* and *at the weekend*.  
*Example: at 6 o'clock, at Christmas*

a. We are going to have arts lessons \_\_\_\_ the morning.

b. The song festival is \_\_\_\_\_9:00 pm \_\_\_\_\_Saturday and Sunday.

- c. \_\_\_\_\_ the afternoon, we're going to go to the river. We're going to return to the camp \_\_\_\_\_ 6:00 pm.
- d. \_\_\_\_\_ night, I prefer playing games near the campfire rather than telling stories.
- e. We get home on Sunday \_\_\_\_\_ 7:00 pm \_\_\_\_\_ the evening.
- f. The next school camp trip is going to be \_\_\_\_\_ June.
- g. \_\_\_\_\_ Saturday, we're going to do activities at the lake, and \_\_\_\_\_ night we're going to play hide and seek.

**5. Read about Susana talking to her mother about a camping trip. Which things on the list do they talk about?**

activities in the water

- Susana's backpack
- transport
- Susana's tent
- protection against the sun
- fishing

**Read again and answer the questions.**

- a. Is Susana going to pack more things in her backpack?
- b. What activities can Susana do in the mornings?
- c. What does she need to bring?
- d. What is she going to do in the evenings?
- e. What isn't she going to do in the evenings?

**Mum:** That's great! Just make sure you follow the rules, so everything goes well.

**Susana:** I know, Mum. You've told me that a hundred times! I'm not a baby!

**Mum:** Ha! Ha! Well, you are my baby! So tell me, baby, what activities are you going to do there?

**Susana:** There are so many things that we can do. In the mornings, we are going to do different kinds of activities on the water, like swimming lessons, and canoeing and kayaking.

**Mum:** And where are you going to be in the afternoons?

**Susana:** Well, in the afternoons, we are going hiking and horse riding. The camp leader says that we need to bring a summer hat and use sunscreen, so we don't get sunburned.

**Mum:** Yeah, that's very important. This camp leader sounds good!

**Susana:** Yeah, Mum, I know.

**Mum:** I'm your mum, I worry about you! And what are you going to do in the evenings?

**Susana:** It depends on the day. For example, on Sunday we're going to have a camp fire and we're going to sing songs and cook hot dogs. But we aren't going to dance. That's a pity!

**Mum:** It sounds like fun! Just don't forget to get up early if you want to do all of these things.

**Susana:** Get up early? No way! I want to have fun!

**Answer the following questions.**

- a. If you want to go swimming, what do you need to take?
- b. When you go camping, what do you need to take with you?
- c. Where can you go in your country when you want to go camping?
- d. If you have a problem, who can you speak to?
- e. What activities can you do on a camping trip?
- f. What happens if you don't use sunscreen and don't wear a hat in the summer?

**6. Choose a natural place that could be here in Colombia or around the world and prepare a presentation, design some slides with pictures and texts**

**7. Listening the exercise and prepare a reading for next class.**

<https://www.esl-lounge.com/student/listening/1L14-a-grand-vacation-transcript.php>