

Lesson 3 » We Are the Champions!

1. Complete the text with was/wasn't or were/weren't.

My Blog!



There used to be a lot of bullying at my school and nothing ^{could} be done to stop it. I used to have only one friend at school, Simon, and we ^{were not} bullied a lot. If ^{was} so scared that I never played football at lunch times and some days I ^{wasn't} able to go to the toilet by myself. It ^{was} really bad!

Then, one day our school introduced this amazing new bullying prevention program called KiVa. It ^{were not} developed in Finland by expert psychologists. The results from their research showed that most bullies behaved badly to get attention from the people watching, who in most cases ^{were} helping the victims, but ^{was} making the problem worse by laughing and encouraging the bully. So we ^{wasn't} given KiVa classes where we ^{were not} shown how to be more empathetic and given strategies and ideas about how to stop bullying. KiVa doesn't focus on the victim, or the bully, but instead it empowers the person watching so they can stop bullies.

Now I am really happy. Ignoring or laughing at bullying is no longer accepted at my school. Last month I ^{wasn't} being bullied by another student and three classmates slapped him. With their support, he ^{was} allowed to continue bullying me. It's great, I don't feel scared, so I'm happy at school.

2. Use the words in the box to complete the letter from a coach to his team.

- dedication
- emergence
- hard work
- success
- teamwork

Hi Team,
 First of all I want to congratulate you all on winning the Peterson's Basketball Trophy last night. What an amazing game!
 I admired the way you played together and showed great success.
 It has been twelve long months of training. Thank you for your dedication not everyone can show that much commitment.
 And of course I really appreciate all your hard work. It hasn't been easy, but as I am sure you will all agree, it was the main reason for your win last night.

Coach Pedro Ramirez

3. Imagine you are the coach of a football team that won a hard game last night. Write a letter congratulating the players. Use the words from the box to help you.

Dear players,
I'm really happy to hear that you won the game last night.
You all did really well and showed great teamwork.
I'm proud of you all.

Useful Expressions

👍 Thank you for
 I admire
 I appreciate your
 I respect
 I think that you are

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Tell Your Story

Lesson 1 » School Trips

1. Complete the sentences with the past tense of the verbs.

1. It ¹ was (be) about a man who ² were (climb) Mount Everest, but really nothing ³ were (happen) in the film.
2. I ⁴ was (want) to learn how to make wood boxes, but all we ⁵ weren't (make) were signs with our names on them.
3. We ⁶ were (visit) the castle and ⁷ was (swim) in the ocean. At night we ⁸ were (eat) delicious seafood in the old walled city.
4. We ⁹ were (see) lots of fish and I ¹⁰ was (take) lots of photos of sharks and strange sea animals.

2. Match the speakers to the sentences in exercise 1.

The trip to Cartagena was fantastic. 3

Andres

Our school trip to the aquarium was awesome. 2

Jaime

Last night I went to the cinema, but the film was boring. 1

Sara

The arts workshop I took last weekend was terrible. 4

Natalia

3. Now match the speakers to the photos.

A. Sara

B. Natalia

C. Jaime

D. Andres

4. Use the information from exercises 1 and 2 to answer the questions.

1. Where did Andres go?

Cartagena

2. What did he think of the trip?

aquarium

3. What did Sara think of the film?

boring

4. Where did Jaime go?

aquarium

5. What did he do there?

cinema

6. What did Natalia think about the arts workshop?

