

Lesson 2

1. Complete the students' statements about bullying at school. Use the expressions in the box to help you. Then complete the headings A- with the type of bullying: Physical bullying, bullying because of prejudice or verbal bullying.

- annoying me
- exclude me from
- laugh at me
- offensive and hurtful
- push me about
- tolerant and respectful

Javier

B

Type of bullying

I don't know what to do. There is a group of boys who laugh at me at lunch times. When I tell them to stop they just push me about and hit me harder. I tried talking to a teacher, but nothing happened. I don't want to go to school anymore.

Jackson

A

Type of Bullying

Things at school are really bad. The other students exclude me from playing football at lunch times. I know it's because of my skin colour because they tell me that I look like the lady who cleans their houses. They're really offensive. I wish people would be more tolerant and respectful. They make me feel really bad.

Laura

C

Type of bullying

There are two girls who won't stop annoying me. At school they laugh at me and call me names. I know I should just ignore them but it's getting worse because they are writing offensive and hurtful messages on social media about me. I can't escape them. They bully me at school and now they're bullying me at home. So sometimes I just want to disappear.

3. Complete the apologies the bullies wrote to Jackson, Javier and Laura

1. Hi Jackson. I didn't mean to exclude and hurt me. I was wrong to treat you like that. I'm really sorry!!

2. Hello Javier. I'm sorry for annoy me and offend me. Can you please forgive me?

3. Hey Laura. It wasn't my intention to hurt myself and to lie about you. I didn't think about how it would make you feel. I apologize

Lesson 3

1. Read the article about what to do if you are being bullied and answer the question below

- Different strategies to stop a bully include:

- Walking away when a bully approaches you.
- Ignoring them by thinking about something else.
- Giving one-line response and then walking away.

Some one-line responses include:

- "Whatever!!"
- "Do you feel better now?"
- "Why are you talking to me?"

1. What is the first thing you should do if you are being bullied?
notify our parents

2. What do bullies want to achieve?
try to change

3. What is one way to stop a bully?
sue them

4. What can you achieve by walking away calmly?
avoid having problems

5. If you can't solve problem out by yourself what should you do?
go to teachers or friends

2. Your friend is being bullied at school. Write some suggestions to help her stop the bullying

1. tell you parents
or guardians

2. ask the teachers or
principals for help

3. be intimidated or
show fear

4. ask your best
friend for help