

Lesson 3 » We Are the Champions!

1. Complete the text with *was/wasn't* or *were/weren't*.

My Blog!



There used to be a lot of bullying at my school and nothing ¹ was done to stop it. I used to have only one friend at school, Simon, and we ² were bullied a lot. ³ was so scared that I never played football at lunch times and some days ⁴ wasn't able to go to the toilet by myself. It ⁵ was really bad!

Then, one day our school introduced this amazing new bullying prevention program called KiVa. It ⁶ was developed in Finland by expert psychologists. The results from their research showed that most bullies behaved badly to get attention from the people watching, who in most cases, were⁷ weren't helping the victims, but ⁸ were making the problem worse by laughing and encouraging the bully. So we ⁹ were given KiVa classes where we ¹⁰ were shown how to be more empathetic and given strategies and ideas about how to stop bullying. KiVa doesn't focus on the victim, or the bully, but instead it empowers the person watching so they can stop bullies.

Now I am really happy. Ignoring or laughing at bullying is no longer accepted at my school. Last month I ¹¹ was being bullied by another student and three classmates stopped him. With their support, he ¹² wasn't allowed to continue bullying me. It's great, I don't feel scared, so I'm happy at school.

2. Use the words in the box to complete the letter from a coach to his team.

dedication
energetic
hard work
success
teamwork

Hi Team,

First of all I want to congratulate you all on winning the Peterson's Basketball Trophy last night. What an ¹ energetic game!

I admired the way you played together and showed great ² teamwork

It has been twelve long months of training. Thank you for your ³ dedication not everyone can show that much commitment.

And of course I really appreciate all your ⁴ hard work. It hasn't been easy, but as I am sure you will all agree, it was the main reason for your ⁵ success last night.

Coach Pedro Ramirez

3. Imagine you are the coach of a football team that won a hard game last night. Write a letter congratulating the players. Use the expressions in the box to help you.

my team Congratulations on your great performance last night. I appreciate your great effort and dedication. I admire all of you. I think they are a great team.

Useful Expressions

Thank you for ...
I admire ...
I appreciate your ...
I respect ...
I think that you are ...

Unit »2

Tell Your Story

module 2 // Unit 2

Lesson 1 » School Trips

1. Complete the sentences with the past tense of the verbs.

- It ¹ was (be) about a man who ² climbed (climb) Mount Everest, but really nothing ³ happened (happen) in the film.
- I ⁴ wanted (want) to learn how to make wood boxes, but all we ⁵ made (make) were signs with our names on them.
- We ⁶ visited (visit) the castle and ⁷ swam (swim) in the ocean. At night we ⁸ ate (eat) delicious seafood in the old walled city.
- We ⁹ saw (see) lots of fish and I ¹⁰ took (take) lots of photos of sharks and strange sea animals.

2. Match the speakers to the sentences in exercise 1.

The trip to Cartagena was fantastic. 3

Andres

Sara

Last night I went to the cinema, but the film was boring. 1

Our school trip to the aquarium was awesome. 4

Jaime

Natalia

The arts workshop I took last weekend was terrible. 2

3. Now match the speakers to the photos.

- Sara
- Natalia

- Jaime
- Andres

4. Use the information from exercises 1 and 2 to answer the questions.

1. Where did Andres go?

Andres was at the castle of Cartagena

2. What did he think of the trip?

the trip was awesome

3. What did Sara think of the film?

The film was boring

4. Where did Jaime go?

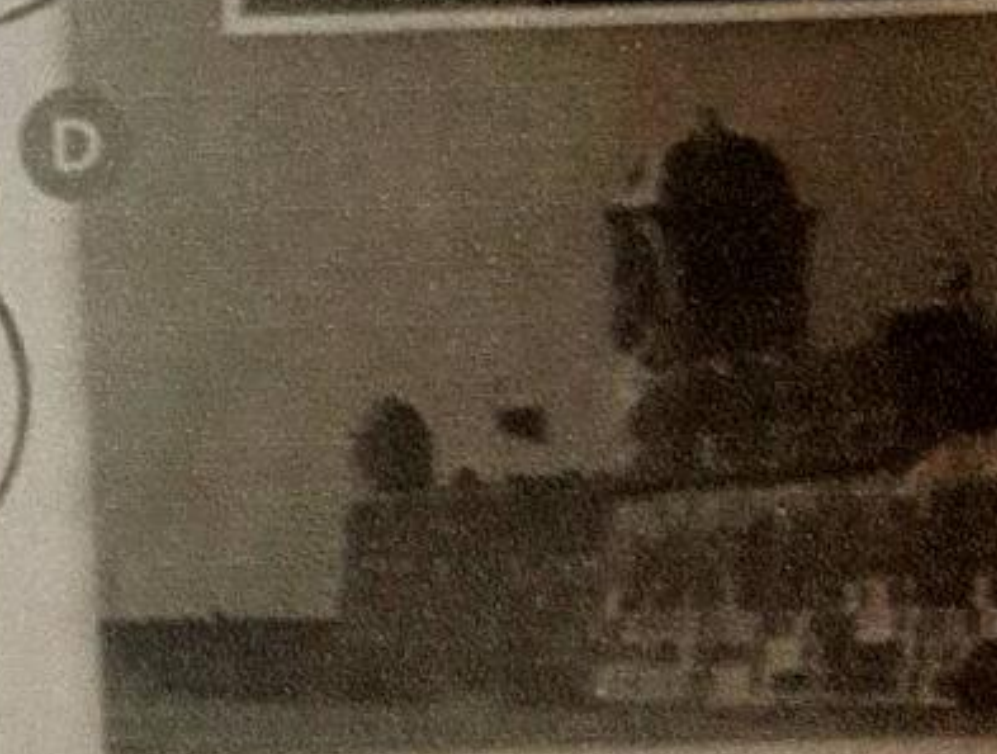
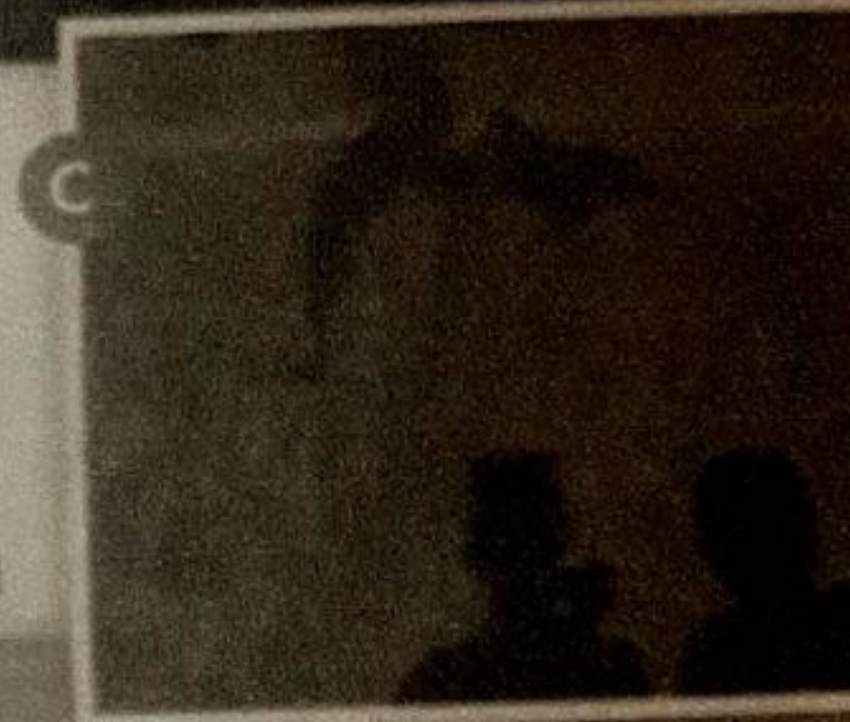
Jaime was in the aquarium

5. What did he do there?

He took lots of photos of sharks and strange sea animals

6. What did Natalia think about the arts workshop?

The arts workshop was terrible



Check Your Progress

Choose the correct option.

1. I am really _____ because the game was long and hard.
a. motivated c. bored
b. tired d. happy
2. We should all be _____ about bullying.
a. concern c. happy
b. concerned d. happiness
3. She _____ at all motivated, but she still won the game.
a. was **b. wasn't** c. were d. weren't
4. They were _____ because they lost the game.
a. delighted **c. disappointed**
b. motivated d. excited
5. Hard work, determination and motivation are the keys to _____.
a. success c. honesty
b. responsible d. irritation
6. Which is not a good value?
a. teamwork **c. aggressiveness**
b. respect d. honesty
7. We are _____ because it is raining and we have nothing to do.
a. bored c. happy
b. excited d. delighted
8. She was _____ because her basketball team won.
a. delighted c. scared
b. disappointed d. bored
9. They _____ excited to be playing in the finals for the first time.
a. was b. wasn't **c. were** d. weren't
10. When playing a sport in a team, _____ is important.
a. sadness **c. concern**
b. fear d. respect

		Very well	Quite well	With difficulty
Vocabulary	I can understand vocabulary related to feelings, emotions and social values.	X		
Grammar	I can use the past tense to talk about situations in the past.	X		
Reading	I can understand texts about feelings, emotions and social values.	X		
Writing	I can write about feelings, emotions and social values.	X		
Listening	I can understand conversations about feelings, emotions and social values.	X		
Speaking	I can speak about feelings, emotions and social values.	X		