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Expresiones acerca de los estados de ánimo y emociones usando descripciones cortas orales y escritas.

Propósito:

Reconocer las expresiones de estado de ánimo y emociones en un idioma extranjero.

Motivación:

Drag and drop the dialogue globes. complete los globes de diálogo

Hello!

My name is Samuel

How old are you?

I'm 13 nice to meet you

Hello!

My name is Lilian what's your name?

I'm 12 years old and you?

Nice to meet you too. Bye

You Lilian. Bye

Ejercicio:

Lesson 7 → Getting to Know yourself

1. Read the e-mail about Cristal and answer the questions write full sentences.

1) Why is Cristal stressed?

Her parents are getting divorced.

2) Is she doing well at school?

R: No, She isn't doing well at school.

3) How does she feel?

R: She feels stressed and too sad to motivate herself.

4) What are the symptoms of her stress?

R The symptoms are: Stomach pain and she can't sleep.

5) What can she do?

R: She needs to talk to her parents.

2. Write an email to Cristal giving her advice on how to deal with her stress. You can use the ideas in the video bank or your own ideas.

Dear Cristal,

I know your situation is difficult, but you can spend time with people who have a positive attitude, do exercise, meditate or pray, organize time effectively and talk about your feelings with your parents or someone you trust.

Lesson 2: Getting on with others

1. Answer the questions about yourself.

1) How do you help your mother?

R: I help my mother cleaning my room and washing the plates.

2) What do you do to help in your house?

R: I clean my room, take out the trash, wash the dishes and sweep the floor.

3) How do you help your neighbours?

R: I help my neighbours to clean their yard.

4) Do you often help other people in your school?

R: yes, I do

5) Do you help elderly people?

R: yes, I do.

2. Read the text and answer the questions.

1) Why are many old people lonely?

R: Because they not have families or their families do not keep in touch with them.

2) In your own words, what is a retirement home?

R: Is a multi-residence housing facility intended for the elderly.

3) What is the new practice at 'some retirement homes'?

R: sometimes small children from kindergartens come to play with them for a few hours a day.

4) Why is it good for students to live with elderly people?

R: As they are students they cannot pay high rent so instead they volunteer to help elderly people.

3. answer the questions with your own ideas.

1) How often do you visit your grandparent?

R: I visit my grandparent once a week

2) What do you think of the ideas in the ideas?

R: I think those ideas are very good

3) Where do you think elderly people should live?

R: They should live with their families

Lesson 3 ⇒ It's a matter of communication

1) Circle all the options which are not characteristics of assertive communication

1) Expressing what you need, want, feel or believe, in a respectful and positive way.

② Using aggressive or rude words.

3) Being honest.

4) Being calm

⑤ Not listening to the other person

⑥ Always saying 'yes' to the other person, even when you want to say 'no'.

2. Identify examples of assertive communication. Circle all the options.

① I'm sorry, but I can't do that. I don't think it is right.

2) Hey loser, give me my book.

3) are you an idiot? Do I have to repeat the same thing again?

④ could you please open the window?

5) Shut up! I'm talking!

6) I don't want to go to your stupid party.

3. Write assertive alternatives to the sentences in exercise 2. Use the expressions in the box to help you.

Could you please give me my book

Excuse me, but I am talking

I'd love to go to your party but I can't