## **EXERCISES**

**1.** Read the dictionary definitions. Then, read the text. Match the headings (a-d)

with the correct tip.

**forgive** v. stop feeling angry with someone for something bad they did **forgiveness** n. the action of forgiving someone

- a. See if you learned a lesson for life
- **b.** Take action to resolve the situation
- **c.** Let go of resentment
- **d.** Put yourself in the other person's shoes

## **The Power of Forgiveness**

According to statistics, many Colombian people are intolerant and violent because they don't forgive their relatives, friends and neighbours easily when they have a fight or an **argument**.

Colombians need to start making a change. If Colombians learn to forgive and **reconcile** their differences, they will reduce cruelty and violence in their daily lives. Here are some useful tips for why you should forgive the people who have hurt you and how to do this.

1.\_\_\_\_\_

If you really want to forgive someone who hurt you, you have to forget your feelings of **resentment**. Resentment can destroy your inner peace. For your own **well-being**, give yourself time to **calm down**. Talk about your resentful feelings to a friend or write them down. Soon you will feel better and will forgive more easily.

2.\_\_\_\_\_

If you feel you are a victim of intolerance, think how that violent experience taught you a lesson for life. You can learn how to choose good friends and how to **trust** other people. You can also learn about respect.

3.\_\_\_\_\_

If you try to understand the other person, you will learn that he or she is not all bad. Maybe that person never meant to hurt you. It was just a misunderstanding. **4.** 

Find the right moment to speak with the other person. Let that friend or relative know how you feel. Listen to how they feel, and accept their apology. You can also say you are sorry.

Forgiveness has the power to **cure** body and soul. If you forgive, you will make people feel better and more emotionally secure. You will also feel better and will be someone who promotes peace.

## 2. Look at the words in blue in the text. Match them with a word or expression (1-7) that has a similar meaning.

- 1. make better
- 2. anger
- **3.** believe (in someone)
- **4.** relax
- **5.** a fight with words

6. happiness

7. resolve

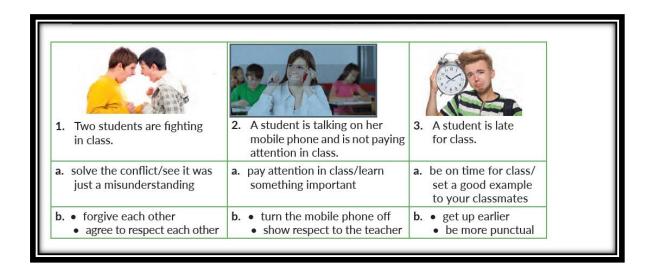
3. Complete the ideas (a-f) with information from the text in exercise 1.

- **a.** If Colombians learn to forgive, ...
- **b.** If you feel you are a victim of intolerance, ...
- **c.** Forgiveness has the power to ...
- **d.** If you really want to forgive someone, ...
- e. If you try to understand the other person, ...
- **f.** If you forgive, ...

**4.** Work with a partner. Read situations 1–3. Use the *a* prompts to form a conditional sentence (If you ..., you will/may ...) to comment on each situation.

Then, make a suggestion using **should** or **have to** and one of the *b* options.

If you try to solve the conflict, you will see it was just a misunderstanding. You should forgive each other.



5. Read the positive characteristics (a-j) in column A. Use a dictionary to find the correct prefix (dis-, in-, ir-, un-) to change them to a negative characteristic in column B. Then find the correct suffixes to complete the values in column C.

A Positive characteristic (adjective)	<b>B</b> <b>Negative characteristic</b> (adjective prefix: dis-, in-, ir-, un-)	<b>C.Value</b> (noun, suffixes: -ity, -ce, -ness, -ship
a. honest	<b>dis</b> honest	honesty
<b>b.</b> responsible		

<b>c.</b> respectful		respect
<b>d.</b> trustful		trust
e. fair	unfair	
<b>f.</b> tolerant		
g. kind		
<b>h.</b> forgiving		
<b>i.</b> friendly		friend <mark>ship</mark>
j. punctual		

6. In this module, you have learned about being a good citizen and how to solve problems. This week, you want to be a better citizen. Complete the resolutions for what you will do in these situations. Write the values that correspond to each resolution.

Resolution list for this week	Values
<b>1. If I am not on time for class,</b> <i>I will apologize to</i>	punctuality,
my teacher and ask if I can come in.	respect
2. If I accidentally hurt any of my classmates, I	
3. If people use bad language, I	
4. If one of my classmates doesn't understand the	
lesson, I	
5. If I am rude to my sister or brother, I	
6. If one of my classmates is hungry, I	
7. If a neighbour complains that I am listening to	
loud music, I	
8. If a charity needs help, I	

Values collaboration forgiveness friendship honesty kindness punctuality respect responsibility tolerance

7. Charlie, from England, is planning to visit his friend Andrés in Colombia. They are sharing some cultural information about their countries. Complete the two emails with the words in the boxes.

**a.** cultural tip **b.** will feel **c.** will teach you **d.** weddings **e.** will have

## Hi Charlie,

If you're planning to come to Colombia, you 1\_\_\_\_\_\_to understand some cultural information. For example, many Colombians celebrate birthdays, 2 \_\_\_\_\_\_, baptisms and graduations in a very noisy way. Parents, cousins, friends and grandparents dance salsa and vallenatos until 4.00 a.m.

Many foreigners think that we party all the time. However, some Colombians prefer to travel and are quieter.

Another 3\_\_\_\_\_\_\_is that if you spell the word ColombiaincorrectlyasColumbia,manyColombians4\_\_\_\_\_\_\_offended. Foreigners sometimes confusethe name of our country with the city of Columbia in the United States. It may<br/>be silly, but some people can get annoyed.

Anyway, when you come to Colombia, I **5**\_\_\_\_\_ more about my country.

I look forward to seeing you soon. Andrés

**f.** will need **g.** will see **h.** misunderstandings **i.** island **j.** inhabitants

Hi Andrés,

We British also experience cultural **6**\_\_\_\_\_\_\_. For example, most people think that all British people are English, but that's not true. Great Britain is the name of an **7**\_\_\_\_\_\_ containing three different countries: England, Scotland and Wales. The United Kingdom (UK) also includes Northern Ireland. Only people from England are English. The **8**\_\_\_\_\_\_ of these countries can be very different.

Everyone thinks that if you come to England you **9** \_\_\_\_\_\_an umbrella because it rains every day. Well, it can be warm and sunny a lot of the time. People also think that the British are cold and a bit serious – some of us are, but some of us like to party as well!

Anyway, I think that if we get to know each other's culture, we **10**\_\_\_\_\_ our own cultures with different eyes.

See you soon at El Dorado airport in Bogotá. Charlie