

PROPÓSITO:

Students will be able to use some modals as should, should not, could as well as use present, past and future perfect in oral and written texts.




































MOTIVACIÓN:

Do you know the importance of healthy food? Tell about it, with you own words

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FIVE-MINUTE DINNERS

NUTRITIONISTS EAT

<p>EGG</p> 	<p>SPINACH</p> 	<p>BEANS</p> 
 		
<p>BLACK BEANS</p> 	<p>BROCCOLI</p> 	<p>BROWN RICE</p> 
 		
<p>WAFFLE</p> 	<p>PEANUT BUTTER</p> 	<p>BLUEBERRIES</p> 
 		
<p>FISH</p> 	<p>CARROTS</p> 	<p>GREEN BEANS</p> 
 		
<p>TOMATO</p> 	<p>BASIL</p> 	<p>MOZZARELLA</p> 
 		
<p>LETTUCE</p> 	<p>AVOCADO</p> 	<p>GRILLED CHICKEN</p> 
 		
<p>WRAP</p> 	<p>DELI MEAT</p> 	<p>ROMAINE</p> 
 		

Women's Health

Remember the perfect tenses



10 Sentences of Present Perfect, Past Perfect and Future Perfect Tense

Present Perfect	Past Perfect	Future Perfect
<ol style="list-style-type: none"> 1. I have been in London for two weeks. 2. The movie "Saw" haven't gotten the Oscar Prize. 3. Have you lived here all your life? 4. My father has just gone to bed. 5. We have lived in this house since 2015. 6. I have already ironed the shirts. 7. We have stayed in the pool since at 9 o'clock. 8. Mark has studied two foreign languages. 9. We have visited Florida several times. 10. Have you ever broken arm? 	<ol style="list-style-type: none"> 1. The baby had cried before her father came. 2. Had the water boiled when you went to kitchen? 3. By the time I returned home, he had already left. 4. When I came home, they had already eaten the meal. 5. He began to run after he had seen the cat. 6. I had never seen such a nice beach before I went to Hawaii. 7. I had lived in London, before I moved to Paris. 8. She had washed her hands before she cooked the dinner. 9. Did the students go home after they had visited the library? 10. I returned home because I had forgotten my notebook at home. 	<ol style="list-style-type: none"> 1. I will have finished my homework by dinner time. 2. How long will you have lived in this city next year? 3. By next summer, they will have built the bridge. 4. The plane will have taken off by two hours. 5. Mary will have gone on a holiday by this time next year. 6. I will have graduated from the university in two years. 7. She will have fallen asleep by the time we get home. 8. By June, I will have finished my work. 9. By the time I arrive to the school, math lesson will have started. 10. They will have written the reports by the time you find her.

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EXPLICACIÓN:

Suggestions

We use **could** to **make suggestions**:

We **could meet** at the weekend.

You **could eat out** tonight.

Suggestions

We use **should** and **shouldn't** to make **suggestions and give advice**:

You **should send** an email.

You **shouldn't go** by train.

We also use **could** to **make positive suggestions**:

We **could meet** at the weekend.

You **could eat out** tonight.

Retrieved from:

<https://learnenglish.britishcouncil.org/english-grammar-reference/suggestions-and-obligations>

The Perfect Tenses

Perfect tense is a category of verb tense used to describe completed actions. It covers the **past perfect tense**, the **present perfect tense**, and the **future perfect tense**. It is sometimes called the **complete tense**.

PERFECT TENSES

PRESENT

PAST

FUTURE

I have gone.	I had gone.	I will have gone.
He has seen.	He had seen.	He will have seen.

NEGATIVE FORM**PRESENT****PAST****FUTURE**

I have not gone.	I had not gone.	I will have gone.
He has not seen.	He had not seen.	He will have seen.

QUESTIONS**PRESENT****PAST****FUTURE**

Have you gone?	Had you gone?	Will you have gone?
Has she seen?	Had he seen?	Will he have seen?

EJERCICIOS:

here you can find some exercises to solve it.

[EXERCISES](#)**EVALUACIÓN:**

What have you learnt?

What was easy for you?

What was difficult for you?

BIBLIOGRAFÍA:

<https://grammar.collinsdictionary.com/es/gramatica-de-aprendizaje-espanol/the-perfect-tense#:~:text=1%20Using%20the%20perfect%20tense,our%20lives%20up%20to%20now.>