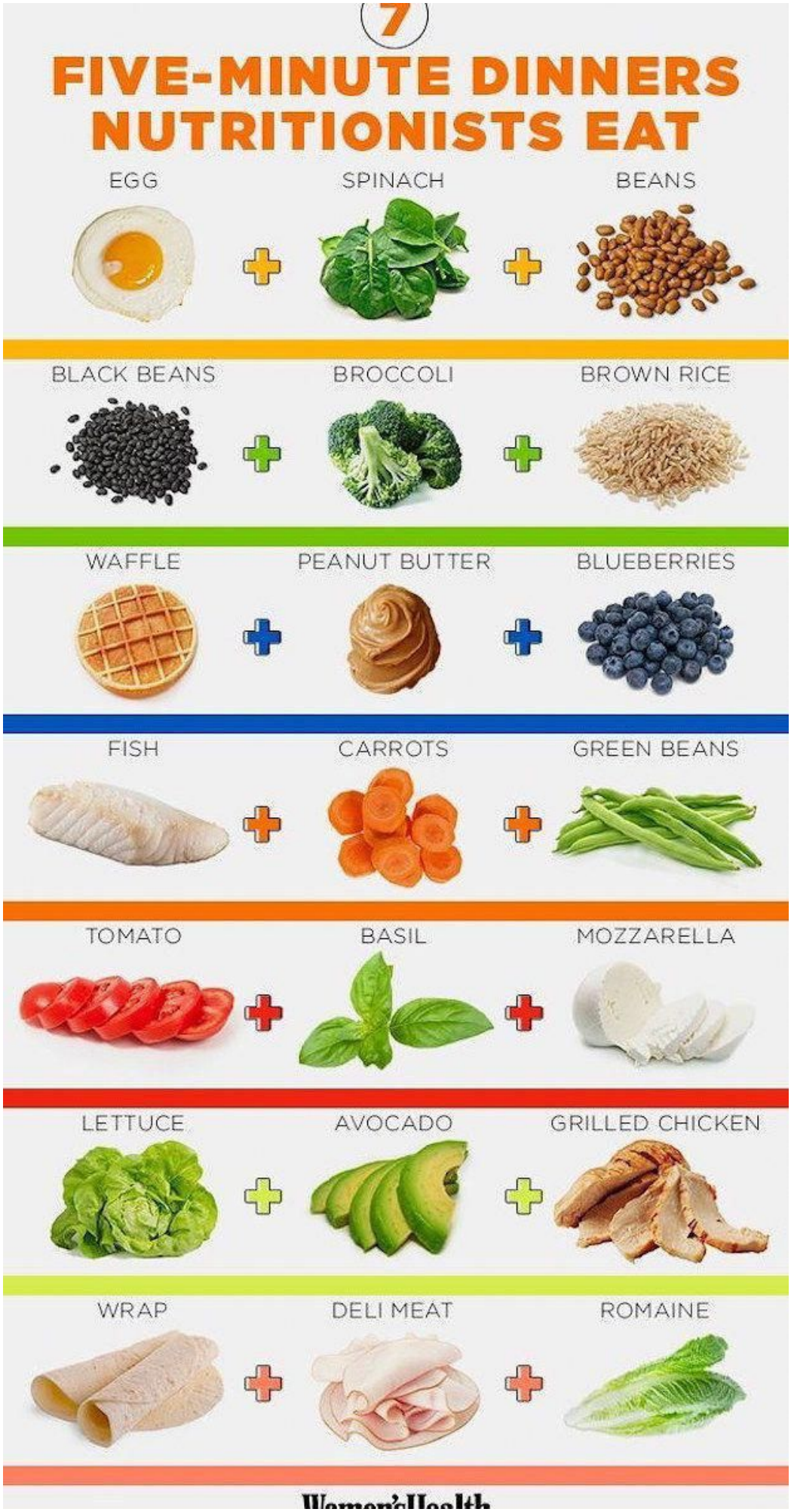
PROPÓSITO:

Students will be able to use some modals as should, should not, could as well as use present, past and future perfect in oral and written texts.

MOTIVACIÓN:

Do you know the importance of healthy food? Tell about it, with you own words


7
FIVE-MINUTE DINNERS NUTRITIONISTS EAT
EGG
SPINACH
BEANS
BLACK BEANS
BROCCOLI
BROWN RICE
WAFFLE
PEANUT BUTTER
BLUEBERRIES
FISH
CARROTS
GREEN BEANS
TOMATO
BASIL
MOZZARELLA
LETTUCE
AVOCADO
GRILLED CHICKEN
WRAP
DELI MEAT
ROMAINE
Women's Health

Remember the perfect tenses



EXPLICACIÓN:

Suggestions

We use ***could*** to **make suggestions**:

*We **could meet** at the weekend.*
*You **could eat out** tonight.*

Suggestions

We use ***should*** and ***shouldn't*** to make **suggestions and give advice**:

*You **should send** an email.*
*You **shouldn't go** by train.*

We also use ***could*** to **make positive suggestions**:

*We **could meet** at the weekend.*
*You **could eat out** tonight.*

Retrieved from:
https://learnenglish.britishcouncil.org/english-grammar-reference/suggestions-and-obligations

The Perfect Tenses

Perfect tense is a category of verb tense used to describe completed actions. It covers the past perfect tense, the present perfect tense, and the future perfect tense. It is sometimes called the complete tense.

PERFECT TENSES

PRESENT PAST FUTURE

I have gone.	I had gone.	I will have gone.
He has seen.	He had seen.	He will have seen.

NEGATIVE FORM

PRESENT	PAST	FUTURE
I have not gone.	I had not gone.	I will have gone.
He has not seen.	He had not seen.	He will have seen.

QUESTIONS

PRESENT	PAST	FUTURE
Have you gone?	Had you gone?	Will you have gone?
Has she seen?	Had he seen?	Will he have seen?

EJERCICIOS:

here you can find some exercises to solve it.

EXERCISES

EVALUACIÓN:

What have you learnt?

What was easy for you?

What was difficult for you?

BIBLIOGRAFÍA:

https://grammar.collinsdictionary.com/es/gramatica-de-aprendizaje-espanol/the-perfect-tense#:~:text=1%20Using%20the%20perfect%20tense,our%20lives%20up%20to%20now.