

PROPÓSITO:

Expresa ideas relacionadas a los sentimientos y emociones, y reconoce su estructura y vocabulario propio, a través de textos descriptivos cortos, imágenes y cortometrajes, dados en inglés..

DBA 4:

Entiende la idea principal y algunos detalles relacionados con actividades, lugares y personas en un texto descriptivo corto. Para la comprensión del texto, se apoya en palabras y frases familiares. Por ejemplo, a partir de un texto biográfico, puede identificar información y detalles relacionados con lugar de nacimiento, lugares y actividades.

MOTIVACIÓN:

Video.

The importance of recognizing how we feel

In fact, people who are good at noticing how they feel and can calm themselves down or adjust their behavior are more likely to do well in life, have healthy relationships, and manage difficulties and setbacks. Feelings are powerful and can become overwhelming at times. Both adults and children might struggle to manage their responses to their feelings and act in ways that feel very out of their control. These are some tips to manage our emotions:

- Mindful breathing
- Meditate
- Changing negative thoughts
- Positive affirmations.

Step 1

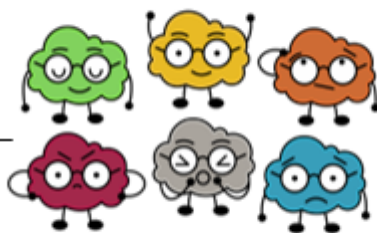
- Watch the video and reflect. <https://youtu.be/8AGgblQyqR8>
- After you have watched the video, write a brief reflection about Sunny and Rene's story. What is the moral of the video?



Step 2: Make a list of 5 positive and 5 negative feelings.

POSITIVE FEELINGS**Ex:** Love

1. _____
2. _____
3. _____
4. _____
5. _____

**NEGATIVE FEELINGS**

Hate

1. _____
2. _____
3. _____
4. _____
5. _____

EXPLICACIÓN:Step 3: Open the link [Video](#)

- What is this video about?
- Can you identify the characters?
- What happen with these characters?

Step 4: Identify the feelings. Open the link: [Video](#).

Step 5. Review the following explanations of the grammatical topics.

- Verb to be:

TO BE Simple Present Tense *Woodward*
ENGLISH

	AFFIRMATIVE	NEGATIVE	
SINGULAR	I am happy.	I am not sad.	Contraction of "am not" is not possible amn't isn't = is not
	You are at school.	You aren't at home.	
	He is hungry.	He isn't thirsty.	
	She is a nurse.	She isn't a pilot.	
	It is big.	It isn't small.	
PLURAL	We are early.	We aren't late.	aren't = are not
	You are students.	You aren't teachers.	
	They are quiet.	They aren't noisy.	

QUESTIONS

+ Affirmative They are happy. ? Question Are they happy ? Short Answer Yes, they are / No, they aren't	She is rich. ? Question Is she rich ? Short Answer Yes, she is / No, she isn't
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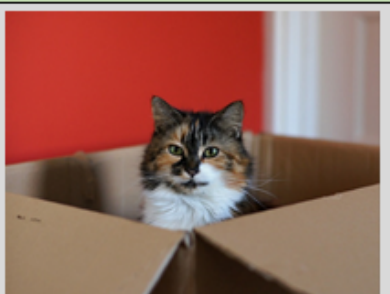
CONTRACTIONS

I am not...	He is not...	You are not...	We are not...	They are not...
= I'm not...	He's not...	You're not...	We're not...	They're not...
= X (not possible)	He isn't...	You aren't...	We aren't...	They aren't...

www.grammar.cl www.woodwardenglish.com www.vocabulary.cl

EJERCICIOS:

1. Complete the sentences with the verb to be that corresponds.

1	2	3
		
<i>Lionel Messi</i> _____ <i>happy</i>	<i>Shakira</i> _____ <i>44 years old</i>	<i>They</i> _____ <i>playing football</i>
4	5	6
		
<i>The cat</i> _____ <i>in the box</i>	<i>I</i> _____ <i>in love</i>	<i>We</i> _____ <i>nurses</i>

El siguiente link contiene un sinnúmero de ejercicios para que practiques, puedes utilizar los que quieras en tu práctica, Éxitos y a aprender más sobre este tema del To Be verb!.

2, Practica el To Be verb, en el siguiente enlace: [Varios ejercicios para practicar el To Be y los pronombre personales](#).

3. Complete the text using verb to be.

Marcia □ from Brazil. She □ 25 years old and works as a secretary at ZLS Computers, in Dublin. She □ very communicative and has a lot of friends. Two of her best friends are Miguel and Pauline. Miguel □ from Portugal. He □ 27 years old. Pauline □ a very funny French girl.

She □ 30 years old. Marcia and Miguel □ single, but Pauline □. She □ married to a doctor. She says they □ very happy.

Marcia says she wants to go back to Brazil, but she □ sure she □ going to miss her friends.

4. Practice, solving the exercise of the guide text:

5. Go to the book “[Way to go 7](#)” and answer the following exercises.

- Verb to be – Page 12, exercise 5 and 6.
- Verb to be – Page 13, exercise 7.

EVALUACIÓN:

Open the link and complete the exercises [Examen verbo to Be](#)

[Evaluación del presente simple](#)

BIBLIOGRAFÍA:

www.colombiaaprende.edu.co/colombiabilingue

[Way to go 7](#)”

You ToBe

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