

PROPÓSITO:

Que es estudiante emplee algunos adjetivos y realice descripciones.

MOTIVACIÓN:

Listen » Listen to an interview with some sports contestants. Complete what the speakers say (1-4) with the words in the box.

tired motivated excited scared



Good morning, everybody! Today is a very exciting day! The National Interscholastic Games are starting, and we have contestants from all over the country!



I'm feeling really ¹...! My soccer team is the best, and we're here to win!



I'm ²... The journey here was long, and I need to rest before the match.



Welcome, contestants! How are you feeling right now?



I'm really ³... I know we're good volleyball players, but there are some excellent players in the other teams.



I'm very ⁴...! There are some wonderful people here, and everything is so cool!

Write » Match the people (1-4) to the adjectives (a-d) and reasons (A-D). Write complete sentences.

Angie is feeling **motivated** because she knows her team is going to win.

- | | | |
|--------------|--------------|---------|
| 1. Diana | a. scared | |
| 2. Jefferson | b. motivated | |
| 3. Angie | c. tired | because |
| 4. César | d. excited | |

Example:
Diana is excited because she likes meeting new people.

- A: he had a long journey to get to the competition today.
- B: she knows her soccer team is going to win.
- C: there are other good teams in the competition.
- D: she likes meeting new people.

EXPLICACIÓN:

Look at the pictures. Work with a partner and say how the players are feeling. Use some of the words in the box to help you.

angry happy sad bored delighted disappointed

Hooray! We won!

I don't believe it! We're losing the match!

We're a wonderful team! Great work!

Oh, no! The other team scored a goal!

They're feeling happy because ...
He/She is disappointed because ...

Study Tip

Synonyms are words that mean the same, for example, *delighted* and *happy*. Use a synonym if you don't remember a specific word.

Read the article and complete the table.

A Day in the Life of ...

Hello, everyone! My name's César and I'm from Valledupar in the north east of Colombia. My home town is really beautiful and the weather is always hot!

I'm always really happy to go to school and I never get bored, because I get on very well with all my classmates and teachers and we have lots of fun!

Sometimes I'm tired and sleepy, because I wake up at 5 o'clock in the morning to do chores for my mum, but helping her makes me feel happy!

At 6 o'clock I have breakfast, then, I ride my bike to school and at 7 o'clock I start classes! After school, I'm really tired, so I have a rest. But in the afternoon, around 3 o'clock I feel more motivated and ready to study, so I do my homework ☺. I usually finish my homework about 5 o'clock, and because I'm usually still feeling energetic, I go to basketball practice with my school team. I love playing basketball, but I'm disappointed if we lose; but then I go for a walk and I always feel better!



When	How he feels	What he does
5 a.m.		
After school		
3 p.m.		
After 5 p.m.		
Lose a match		

EJERCICIOS:

Read » Read the article about the Paralympic Games and answer the questions (1-3).

The first Paralympic Games were in Rome, Italy, in 1960. 400 athletes from 23 countries competed. The 2016 Paralympic Games were in Rio, Brazil, and approximately 4,350 athletes from over 160 countries competed.

These amazing world-class athletes competed in 117 very exciting events, for example, basketball, cycling, tennis and swimming, but they played in wheelchairs and had bionic legs or arms! Paralympic athletes all have one thing in common: motivation!

The Colombian Paralympic athletes won a total of 17 medals at Rio: 2 gold, 5 silver and 10 bronze! A fantastic result!

Both spectators and competitors at the events all shared the same feelings of excitement and happiness and the atmosphere was electric!

The Paralympic Games in Rio demonstrated important values, for example, respect, honesty, responsibility, cooperation and teamwork. These Games and all the fantastic athletes taught us that we are all important and equal.



21st Century Skills

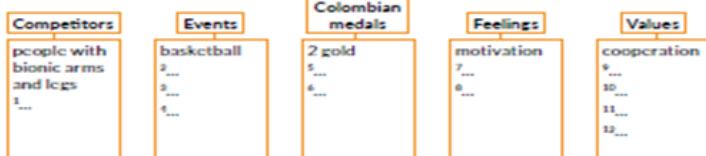
• Social Skills

Are you good at teamwork? Do you prefer to work in a group or on your own?

1. How many Paralympic athletes competed in Italy? And in Rio?
2. What characteristic do these athletes have in common?
3. How many medals did the Colombian Paralympic athletes win in Rio?

Read the article in exercise 2 again. Work with a partner and complete the mind map (1-12).

CHARACTERISTICS OF THE PARALYMPIC GAMES



Study Tip
Mind maps are a great way to organize your ideas and focus your thoughts.

EVALUACIÓN:

... Choose the correct words (1-8) to complete the blog comments.



The supporters were extremely ¹happy / happiness because their team won the championship. Their ²happy / happiness was incredible!



She was ³sad / sadness because her team lost the match. But she couldn't talk about her ⁴sad / sadness because she was crying.



The captain was very ⁵concerned / concern, because his best player was sick. But he didn't share his ⁶concerned / concern with the rest of the team.



The players didn't follow the rules and the referee was very ⁷irritated / irritation. The spectators understood the referee's ⁸irritated / irritation.

Read the biography and complete the summary (1-4) with the words in the box

Francisco Sanclemente is a sportsperson from Buga, Colombia, and there is something special about the way he plays sport. Francisco can't walk, so he competes in a wheelchair.

When Francisco was 18, he became very ill and lost the ability to move his legs: he couldn't walk and he couldn't run and he couldn't play sport. But Francisco is very determined and has a positive attitude to life, so his disability wasn't a problem. He started training a lot, because he wanted to compete in marathons ... in his wheelchair!

Francisco competes in international competitions, for example, in Colombia, Argentina, Mexico and Brazil, where he competed in the 2016 Paralympics.

Some people call Francisco a hero, but Francisco doesn't agree. He simply believes that qualities like dedication, responsibility, honesty and respect are important in both sport and in our daily lives.

legs international motivated wheelchair

Final task activity!



Sanclemente is a Colombian sportsperson who competes in marathons in his ¹... . He lost the use of his ²... because of an illness. Sanclemente competes in ³... competitions and competed in the 2016 Paralympics. He is very ⁴... and positive.

Listen to an interview with a fan of Sanclemente and choose the correct answers.

1. Oscar thinks Francisco's favourite sport as a child was probably volleyball / running / football.
2. Oscar says Francisco was a good student because he studied hard / went to university / loved school.
3. Francisco started to train hard because he wanted to be independent / help his family / win races.
4. Francisco's first marathon was in Bogotá / Buenos Aires / Cali.
5. Oscar believes the values of hard work, inspiration and responsibility / responsibility, honesty and respect / respect, honesty and punctuality are important to Francisco.

BIBLIOGRAFÍA:

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