

**PROPÓSITO:**

IDENTIFY, TALK AND EXPRESS THE DIFFERENT SITUATIONS IN OUR EVERYDAY LIFE

**General aim**

To introduce yourself, describe your day-to-day routine and expresses your emotions.

**Communicative purpose**

To give personal information such as name, age, feeling, nationality, hobbies and extra information about oneself.

To describe the physical appearance of people and objects.

To talk about experiences and daily events or activities in my life.

**Grammar purpose**

Giving and asking for personal information (verb to be)

Present simple tense (do, does) and past tense (was, were, did)

Vocabulary about routines, school, chores, activities **MOTIVACIÓN:**

STEP 1

1. Watch the video and reflect. <https://youtu.be/8AGgblQyqR8>
2. After you have watched the video, write a brief reflection about Sunny and Rene’s story. What is the moral of the video? *Después de ver el video escribe una breve reflexión sobre la historia de Sunny y Rene*



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STEP 2

Make a list of 5 positive and 5 negative feelings

**POSITIVE FEELINGS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

**NEGATIVE FEELINGS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

**EXPLICACIÓN:**

1. Read the following text. *Lee el siguiente texto.*

***The importance of recognizing how we feel***

In fact, people who are good at noticing how they feel and can calm themselves down or adjust their behavior are more likely to do well in life, have healthy relationships and manage difficulties and setbacks. Feelings are powerful and can become overwhelming at times. Both adults and children might struggle to manage their responses to their feelings and act in ways that feel very out of their control. These are some tips to manage our emotions:

Mindful breathing

Meditate

Changing negative thoughts

Positive affirmations.

- **1.** Watch the videos and explain briefly what the videos are about, write about your favorite one and why. *Mira los videos y explica brevemente de que se tratan. Escribe cual es tu favorito y por qué.*

<https://youtu.be/kHixalhw5KI> - Who Am I?

<https://youtu.be/-NjXbgvrVIM>- Adjectives

<https://youtu.be/dOkyKyVFnsS>- Emotions



Review the following explanations of the grammatical topics. *Revisa la explicación de los siguientes temas gramaticales*

**Present simple tense**

**Verb to be**

## TO BE Simple Present Tense

	AFFIRMATIVE	NEGATIVE	
<b>SINGULAR</b>	I <b>am</b> happy.	I <b>am not</b> sad.	Contraction of "am not" is not possible <del>amn't</del> isn't = is not aren't = are not
	You <b>are</b> at school.	You <b>aren't</b> at home.	
	He <b>is</b> hungry.	He <b>isn't</b> thirsty.	
	She <b>is</b> a nurse.	She <b>isn't</b> a pilot.	
	It <b>is</b> big.	It <b>isn't</b> small.	
<b>PLURAL</b>	We <b>are</b> early.	We <b>aren't</b> late.	
	You <b>are</b> students.	You <b>aren't</b> teachers.	
	They <b>are</b> quiet.	They <b>aren't</b> noisy.	

### QUESTIONS

<p><b>+</b> Affirmative    They <b>are</b> happy.    She <b>is</b> rich.</p> <p><b>?</b> Question    <b>Are</b> they happy?    <b>Is</b> she rich?</p> <p>Short Answer    Yes, they are / No, they aren't    Yes, she is / No, she isn't</p>	<p><b>+</b> Affirmative    They <b>are</b> happy.    She <b>is</b> rich.</p> <p><b>?</b> Question    <b>Are</b> they happy?    <b>Is</b> she rich?</p> <p>Short Answer    Yes, they are / No, they aren't    Yes, she is / No, she isn't</p>
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### CONTRACTIONS

I am not...	He is not...	You are not...	We are not...	They are not...
<b>=</b> I'm not...	He's not...	You're not...	We're not...	They're not...
<b>=</b> X (not possible)	He isn't...	You aren't...	We aren't...	They aren't...

[www.grammar.cl](http://www.grammar.cl)    [www.woodwardenglish.com](http://www.woodwardenglish.com)    [www.vocabulary.cl](http://www.vocabulary.cl)

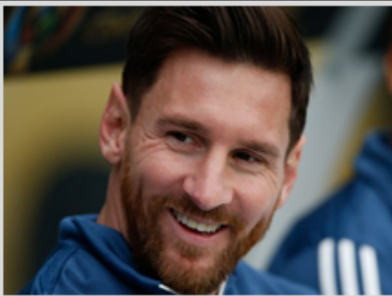



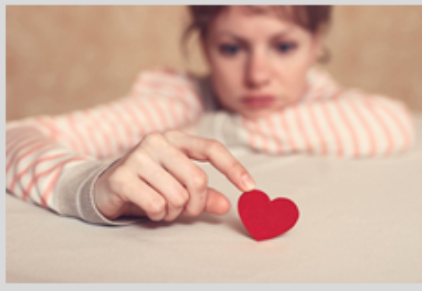

SIMPLE PRESENT TENSE (Presente Simple)		
MODO AFIRMATIVO	MODO INTERROGATIVO	MODO NEGATIVO
I play    Yo juego	<b>Do</b> I play?    ¿Juego yo?	I <b>do not</b> play    Yo no juego
You play    Tú juegas	<b>Do</b> you play?    ¿Juegas tú?	You <b>do not</b> play    Tú no juegas
He plays    Él juega	<b>Does</b> he play?    ¿Juega él?	He <b>does not</b> play    Él no juega
She plays    Ella juega	<b>Does</b> she play?    ¿Juega ella?	She <b>does not</b> play    Ella no juega
It plays    Él/Ella juega	<b>Does</b> it play?    ¿Juega él / ella?	It <b>does not</b> play    Él / Ella no juega
We play    Nosotros jugamos	<b>Do</b> we play?    ¿Jugamos nosotros?	We <b>do not</b> play    Nosotros no jugamos
You play    Ustedes juegan	<b>Do</b> you play?    ¿Juegan ustedes?	You <b>do not</b> play    Ustedes no juegan
They play    Ellos juegan	<b>Do</b> they play?    ¿Juegan ellos?	They <b>do not</b> play    Ellos no juegan

Past simple tense

SIMPLE PAST TENSE (Pasado Simple)		
MODO AFIRMATIVO	MODO INTERROGATIVO	MODO NEGATIVO
<b>I played</b> Yo jugué	<b>Did I play?</b> ¿Jugué yo?	<b>I did not play</b> Yo no jugué
<b>You played</b> Tú jugaste	<b>Did you play?</b> ¿Jugaste tú?	<b>You did not play</b> Tú no jugaste
<b>He played</b> Él jugó	<b>Did he play?</b> ¿Jugó él?	<b>He did not play</b> Él no jugó
<b>She played</b> Ella jugó	<b>Did she play?</b> ¿Jugó ella?	<b>She did not play</b> Ella no jugó
<b>It played</b> Él/Ella jugó	<b>Did it play?</b> ¿Jugó él / ella?	<b>It did not play</b> Él / Ella no jugó
<b>We played</b> Nosotros jugamos	<b>Did we play?</b> ¿Jugamos nosotros?	<b>We did not play</b> Nosotros no jugamos
<b>You played</b> Ustedes jugaron	<b>Did you play?</b> ¿Jugaron ustedes?	<b>You did not play</b> Ustedes no jugaron
<b>They played</b> Ellos jugaron	<b>Did they play?</b> ¿Jugaron ellos?	<b>They did not play</b> Ellos no jugaron

**EJERCICIOS:**

1. Complete the sentences with the verb to be that corresponds. *Completa las oraciones con el verbo ser o estar que le corresponda*

1	2	3
		
<b>Lionel Messi</b> _____ <b>happy</b>	<b>Shakira</b> _____ <b>44 years old</b>	<b>They</b> _____ <b>playing football</b>
4	5	6
		
<b>The cat</b> _____ <b>in the box</b>	<b>I</b> _____ <b>in love</b>	<b>We</b> _____ <b>nurses</b>

2. Complete the text using verb to be. *Complete el texto usando el verbo ser o estar*

Marcia □ from Brazil. She □ 25 years old and works as a secretary at ZLS Computers, in Dublin. She □ very communicative and has a lot of friends. Two of her best friends are Miguel and Pauline. Miguel □ from Portugal. He □ 27 years old. Pauline □ a very funny French girl.

She □ 30 years old. Marcia and Miguel □ single, but Pauline □. She □ married to a doctor. She says they □ very happy.

Marcia says she wants to go back to Brazil, but she sure she going to miss her friends.

□

□

- **1.** Record a podcast or an audio telling your daily routine. Don't forget to mention the time you wake up, what you have for breakfast, how you choose your outfit, what you do in your free time. *Grabe un podcast o audio contando su rutina diaria. No olvide menciona a la hora en que se levanta, que come, que ropa se pone, o que hace en su tiempo libre.*
- **2.** Answer the following questions about you with no more than 2 sentences. *Responda las siguientes preguntas sobre usted. No más de 2 oraciones.*
  - What did you eat for lunch yesterday?
  - What was the last movie you watched?
  - When was the last time you played a sport?
  - Who was the last person you spoke you?
  - Did you eat hamburgers last weekend?
  - Did you say your parents you loved them?
- **3.** Go to the book "Way to go" and answer the following exercises.

**Book:** ([https://drive.google.com/file/d/1C\\_Ez\\_knz9NiFWocewZJ0\\_blrpp8O-uoF/view](https://drive.google.com/file/d/1C_Ez_knz9NiFWocewZJ0_blrpp8O-uoF/view))

- Verb to be - Page 12, exercise 5 and 6.
- Verb to be - Page 13, exercise 7.
- Present simple tense - Page 11, exercise 4.
- Verbs with every-day activities - Page 15, exercise 4 and 5.
- Verbs with every-day activities - Page 23, exercise 3.
- Daily routine - Page 21, exercise 3
- Daily routine - Page 26, exercise 2.
- Past tense - <https://www.gamestolearnenglish.com/past-tense-game/> (don't forget to take a screenshot of your score)

### EVALUACIÓN:

Take pictures of your house and create a collage. Then write positive or negative sentences of your daily life and your daily routine. *Tome fotos de su casa y cree un collage. Después escriba oraciones negativas o positivas para cada foto según lo que usted haga en estos lugares de su rutina diaria*

**Example:** We have breakfast every morning or We don't eat in the dining room





2. Upload a picture of a family tradition or a special event

and write a short reflection about what happened, how it was especial for you and how did you feel.  
*Suba una foto de una tradición familiar o un evento especial y escriba una reflexión corta sobre lo que paso en esa foto, por que es especial para usted, y como se sintió*

**BIBLIOGRAFÍA:**

**Book:** ([https://drive.google.com/file/d/1C\\_Ez\\_knz9NiFWocekWZJ0\\_blrpp8O-uoF/view](https://drive.google.com/file/d/1C_Ez_knz9NiFWocekWZJ0_blrpp8O-uoF/view))