

PROPÓSITO:



General Aim

- To establish mental health awareness through real life experiences.

Communicative Purpose

- To understand the oral message of the interview.
- To propose possible activities that they can do to deal with mental disorders.
- To establish future actions to take care of mental health.

Grammar Purpose

- Future simple
- Vocabulary about health issues

MOTIVACIÓN:



Listen to the following audio and follow the steps:

1. Listen to the audio as many times as possible.
2. Go to Jamboard and write as many words as you hear in post-its. <https://bit.ly/3BGOCQd>
3. Listen again and put special attention to the following items, write the answers in your notebook.

SITUATION

Concert, interview, the news, talk show, song

TOPIC

Culture, music, movies, environmental awareness

FEELINGS

Happiness, sadness, joy, excitement

**THE SPEAKER**

Singer, actress, chef, teacher, engineer

PROBLEM

Anxiety, depression, suicide, abuse, self harm

EXPLICACIÓN:

- 1. Watch the video.
- 2. Listen to the interview again.
- 3. Compare your answers.
- 4. Download the following template. <https://bit.ly/3oYPsUV>
- 5. Put the presentation on full screen.
- 6. Play "Who wants to be a Billionaire"
- 7. Answer the questions based on the interview.
- 8. Upload the screenshots of your answers.



EJERCICIOS:



- 1. Take a piece of paper and grab your pencil colors.
- 2. Divide your sheet into 2 parts.
- 3. On the left side, draw Billie before she tried to commit suicide and how she felt.
- 4. On the right side, draw Billie after she survived suicide and how she feels now.

Here's an example:


**BILLIE
BEFORE**

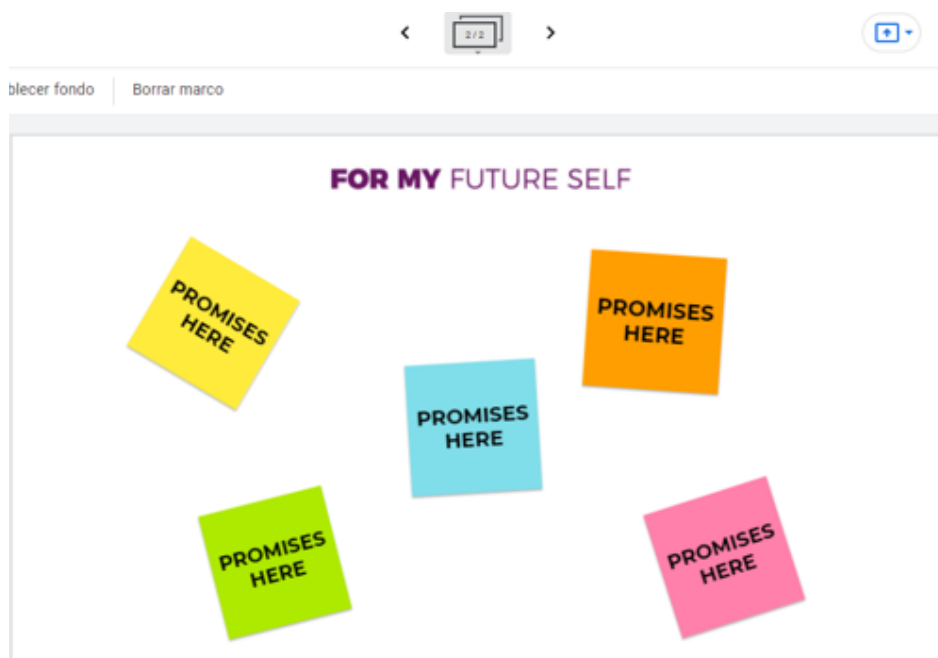



**BILLIE
AFTER**

EVALUACIÓN:



- 1. Go back to Jamboard. <https://bit.ly/3BGOCQd>
- 2. Go to slide number 2.



- 3. Write 2 promises for your future self for taking care of your mental health.
- 4. Write them on post-its in Jamboard using future simple.

Here's an example:



BIBLIOGRAFÍA:

DBA